

**ROCKY MOUNTAIN SWIM LEAGUE**  
**BY-LAWS**

Updated March 2010

*These by-laws supersede all prior Rocky Mountain Swim League By-law's*

**I. OBJECTIVES**

- A. To provide an opportunity for young people to develop swimming skills and gain a positive recreational swimming experience through competition.
- B. To provide an organized framework within which coaches, competitors, parents, and league officials can operate with courtesy, good will and sportsmanship.

**II. LEAGUE STRUCTURE**

**A. Rules and Regulations**

- 1. In any instance where the league's by-laws do not cover a situation or rule, the current U.S.A. SWIMMING RULES AND REGULATIONS will govern.
- 2. The current Colorado High School Rules and Regulations applicable to the backstroke turn in individual backstroke shall control. See Attachment 1.
- 3. The terms "swimmer" and "swim team member" are used interchangeably in these by-laws.

**B. League membership will not exceed eighteen (18) teams.**

**C. For the purpose of dual meets, the league may be divided into three divisions.**

- 1. The point standing of each individual team based on the previous season's win-loss, finals finish, and team size will determine divisions.
- 2. Teams may compete outside their division. However, results of these meets will not affect divisional standings.

**D. Provisional Status**

- 1. All new teams are provisional members of the league for one year and shall be placed in an appropriate division based on the judgment of the Executive Committee.
- 2. Provisional teams do not have voting privileges.
- 3. Provisional member teams may become permanent member teams by a majority vote of teams in attendance of an announced League Meeting after completion of the championship meet and by the end of the calendar year.
- 4. A team will be placed on provisional status if a 2/3 majority of member teams agree that a team has not been contributing to the League.
- 5. Teams under provisional status are not eligible to host Qualifying or Championship meets (Prelims and Finals).

**E. Preliminary qualifications and championship meets will combine all divisions.**

**F. League dues shall be determined by a majority vote of member teams in good standing (i.e. dues and fees paid in full by due date to be established by executive committee.) The Executive Committee shall present a budget to aid in determining income requirements.**

**G. Each team shall be represented by at least one parent representative and is allowed one vote. This vote shall be cast by the team's parent representative, or in his/her absence, a duly recognized representative.**

- H. Member teams shall be considered either resident homeowner association teams or open membership teams. Open membership teams may not include swimmers who are residents within the commonly defined boundaries of any member homeowner association team and who are eligible for membership in same.
- I. Requirements for individual memberships on homeowners and open enrollment teams:
1. Homeowner's association team is defined as living (owning or renting) in a residence eligible for membership in the homeowners association, having paid all appropriate association and swim team dues, and having paid all League dues along with a signed League waiver.
  2. Open enrollment team is defined as having paid-in-full published dues as established by the criterion of the club along with appropriate team dues, Rocky Mountain Swim League dues along with a signed waiver. (See Attachment 2 for list of membership requirements by team.)
  3. With respect to open enrollment teams, a swimmer may not swim from one league team to another league team without sitting out a one year time period. If the family residence has legally changed to a homeowner's association team neighborhood, this one-year period of ineligibility would not apply and the swimmer would only be eligible to swim on the homeowner's association team as set forth in Section II, paragraph H above.
  4. If the family residence changes after enrollment for the current season has taken place, the swimmer may compete for either the old or new team, but not both, for the current season only. In order to swim for either team at prelims and finals, the swimmer must meet the eligibility requirements set forth in section V., paragraph B. below.
  5. Any exceptions to the above guidelines must be brought before and approved by the Executive Committee by a majority vote prior to the swimmer's participation.
  6. Violations, depending on the severity, may be punishable by loss of points of respective swimmer or of forfeiture of swim meets in which the ineligible swimmer participated. The Executive Committee will make this decision by a majority vote.
- J. Admittance of New Teams
1. Teams may apply to become members of RMSL by written letter to the Executive Board no later than the regularly scheduled November meeting to participate in the swim meets to be held the following summer.
  2. The determination on an application for admittance shall be made by the Executive Board with discussion and coordination with current member teams in good standing.
  3. All dues and normal fees (i.e. insurance fees and championship entry fees) apply to new teams once they are formally admitted on provisional status.

### III. INDIVIDUAL SWIMMER ELIGIBILITY

- A. Each swimmer must comply with the requirements for membership of their respective teams as outlined by League requirements for Homeowner's Association or Open Enrollment Clubs.
1. A swimmer who is determined to be ineligible by a majority vote of the Executive Committee will be prohibited from competing until eligibility requirements are fulfilled.
  2. Swimming this duly recognized ineligible swimmer would result in forfeiture of meets in which this swimmer participated. The swimmer and team shall relinquish any awards received.
  3. If an ineligible swimmer continues to compete after his ineligibility has been brought to the attention of his/her coach or a league officer, all meets from that date are forfeited by his/her team. If a coach suspects their swimmer is ineligible, this is sufficient criterion for forfeiture of the meet. The coaches are responsible for making every effort to establish ineligibility at the earliest possible date.
  4. It is the responsibility of both coaches and parents to assure each individual team member's compliance with the eligibility rules.
  5. Ignorance and/or lack of follow-up of suspected ineligibility is not an excuse for non-compliance with the eligibility requirements.

6. Team membership based solely on employment, either full or part-time, is prohibited unless the employee fulfills the requirements for membership, i.e. is a paid member of the association or club.
  7. Scholarships or work-for-membership or other such means of securing a swimmer is prohibited.
  8. Use of a swimmer's non-permanent address is prohibited.
  9. Membership to a pool or association must be paid and no special "swim team only" memberships shall be permitted unless this is the only format available to a team or association. If this does occur, individual swimmers and supporting documentation must be brought to the Executive Committee for prior approval by a majority vote.
  10. A swim roster must be presented to the Executive Committee at least one day prior to the first dual meet. Additions to the roster must be declared to the opposing coach, verification of waiver presented, and dues paid prior to the swimmer's participation. It is the responsibility of the coach to forward this information to the League President prior to the swimmer's participation in the next meet. This constitutes a one-week grace period. Failure to provide a roster may result in forfeiture of points by swimmers not listed. If no lists or League waivers are turned into the League President given these three guidelines, this will result in forfeiture of the meet(s).
- B. The legal age of a swimmer as of June 1 of the current season will determine the age group in which he/she will compete for the entire season.

#### IV. DUAL MEET FORMAT

##### A. SCHEDULING

1. The league officers will provide the member teams with a dual meet master schedule indicating the dates the two teams are to meet and where the meets shall be held. When possible, dual meets will be scheduled based upon league standings from the previous year in each division.
2. Meets shall be scheduled on Saturdays unless amicable prior arrangements have been made by the dual teams.
3. The Monday prior to each dual meet, the home coach, parent representative, and meet manager contact will contact the visiting team to confirm time, place, personnel, and the usual equipment needs. Parent reps will be the primary point of contact and should personally ensure that all appropriate communication takes place.
4. Whenever possible, dual meets will be held in a pool with six unrestricted lanes.
5. If the host team has any restrictions in its pool, it shall be the team's duty to inform the guest team of the restrictions at least five days prior to the meets.
6. The guest team shall have the choice of the alternate lanes.

##### B. MEET MANAGEMENT

1. The standard schedule of 90 events and their sequence is defined in Attachment 3.
2. The Executive Committee shall issue a Policies & Procedures manual for meet management and procedures, and this manual shall have the same force and effect as if its contents were contained in these By-laws (Attachment 4).

##### C. OFFICIALS AND THEIR DUTIES

1. REFEREE - is normally the starter, unless otherwise designated by the home team.
  - a. Referees are required to read and understand official swimming rules governing short course and false start and are **required to attend the clinic or course prescribed for starter/referees**. If an experienced starter/referee is unable to attend one of the League clinics or courses for good cause, that starter/referee may submit a written exemption request within one week of the clinic. The Executive Committee will then decide whether or not to grant a one-year exemption. Only one exemption may be granted within any two-year period.

- b. Referee shall have full authority over all officials and shall assign and instruct them; shall enforce all applicable rules and shall decide all questions relating to the actual conduct of the meet, the final settlement of which is not otherwise assigned by said rules; can overrule any meet official on a point of rule interpretation or on a judgment decision pertaining to an action which he/she has personally observed; shall also disqualify a swimmer for any violation of the rules that he/she personally observes and shall at the time raise one (1) hand overhead indicating the lane. If the referee does not make such a signal, there shall be no penalty.
  - c. Referee shall give a decision on any point where opinions of judges differ; shall have authority to intercede in a competition at any stage to ensure that racing conditions are observed.
  - d. Referee may, at their discretion, prohibit use of any bells, sirens, horns, or other noisemakers during a meet.
  - e. Referee can consider protests against judgment decisions of the starter, stroke, turn, place, and relay takeoff judges; referee has authority to disqualify swimmers for any violation of rules that he/she personally observes.
  - f. Referee shall rule on protests arising from the competition itself and shall be made within 30 minutes after the race in which the alleged infraction took place. If the protest is not resolved immediately, the protester shall at that time file a written protest with the referee. This protest shall be voted on by the Executive Committee and a majority vote shall rule.
  - g. Referee shall ensure that the stroke judges raise a hand on DQ's.
  - h. Referee shall summarize DQ's at the end of each race either visually or vocally.
  - i. The referee shall not serve as the Clerk of Course or meet announcer.
2. STARTER - as described in many instances, may also be the referee:
- a. Starter assumes full control of swimmers until a fair start is achieved.
  - b. Starter notifies swimmer of event, distance, stroke(s) to be used and the order of swimming them, as well as pool lengths to be swum.
  - c. Starter advises relay swimmer that they must exit the water immediately after finishing leg, prior to the next swimmer reaching the other end of pool.
  - d. Starter may modify starting rules to adapt for handicapped swimmers.
  - e. Swimmers should place at least one toe curled over the front of the block immediately upon being called to the block by the Starter.
  - f. Starter shall assure that no swimmer shall be in motion immediately before the starting signal is given, i.e. no rolling starts permitted.
  - g. If in the starter's opinion a false start has been committed, he/she shall signal to recall the swimmers. The false start is called on the individual, not on the field. The swimmer who false started shall be given adequate time to readjust equipment, etc. before re-starting the heat.
  - h. Starter shall disqualify any swimmer charged with two false starts and the swimmer shall not swim that event.
  - i. Starter may disqualify any swimmer who after stepping on the block or upon taking a starting position delays the start by entering the water or who willfully disobeys an order at the start, or for any other misconduct taking place at start.
  - j. Starter shall not disqualify a swimmer for an illegal starting position if the starter has permitted the race to proceed without recall.
  - k. Starter shall not permit a swimmer who fails to appear at the starting platform in time for initial start to enter the race and may be disqualified or be charged a false start at the discretion of the starter and the event counts. A starter may not hold the meet up waiting

- l. Starter shall coordinate starting commands with Clerk of Course and shall ensure that Clerk of Course disburses swimmers to appropriate events & lanes.
  - m. Starter shall not penalize swimmer if in the judgment of the referee/starter the Clerk of Course did not properly execute his/her duties.
  - n. The starter shall not serve as the Clerk of Course or meet announcer.
3. STROKE JUDGES - at each dual meet there shall be a minimum of two stroke judges, one from each team.
- a. All stroke judges must be a minimum of 21 years of age, **must attend a clinic or course provided by the League each year, and must be certified annually by the League.** If an experienced stroke judge is unable to attend one of the League clinics or courses for good cause, that stroke judge may submit a written exemption request within one week of the clinic. The Executive Committee will then decide whether or not to grant a one-year exemption. Only one exemption may be granted within any two-year period.
  - b. Stroke judges shall assure proper execution of strokes and turns as described in current RMSL Technical Rules (Attachment 5).
  - c. Shall report any violations to referee and if possible the involved swimmer. The stroke judge must detail the DQ on the swimmer's card and sign it. Failure to do so is grounds for reversal.
  - d. Infraction Signal - upon observing any infraction within their jurisdiction, the referee and/or stroke judge shall raise on hand overhead indicating lane. This action shall be done whenever possible so as not to get the attention of the swimmer. If the official does not do so, there shall be no penalty. It is the duty of the starter to summarize DQ's at end of race visually and/or vocally.
  - e. There shall be the same number of stroke judges on each side of the pool.
  - f. Lane jurisdiction shall be determined by referee/starter. If there is a question on a disqualification, the benefit should go to the swimmer. When an infraction occurs on a stroke, one should "consider" repetitiveness and if an advantage is gained.
4. TIMERS - Dual meets must have a minimum of one (1) timer per lane per shift plus at least two (2) backup timers per shift. Any change from one (1) timer per lane per shift requires the consent of both teams. The swimmer time constitutes the official recorded time and is the basis to determine final place and ranking. The middle time will be used if three (3) timers per lane per shift are utilized. Dual meets that elect to have two (2) timers per lane per shift will use an average of the times to constitute the official recorded time. Dual meet timer duties are to be shared equally between the teams. Where an odd number of lanes exist, the Home Team will provide the extra timer necessary I.e. Home Team provides four (4) timers in a five (5)-lane pool.
- a. Timers shall check entry cards to assure that event, swimmer, and lane number are correct.
  - b. Timers shall record time on entry cards upon completion of event.
5. CLERK OF COURSE (a.k.a. Heating Area) - a minimum of one Clerk of Course shall be provided by both teams, the home team shall be Head Clerk of Course.
- a. The Clerk of Course shall assure that swimmers are ready at least three events prior to their event.
  - b. The Clerk of Course shall check each entry card to assure that swimmers are in place for proper event.
  - c. It is the duty of the Clerk of Course to coordinate with the starter and ensure that all swimmers have "adequate" time to report to their heat. This is opposed to swimmers who fail to report in a timely manner.

- d. Shall ensure that swimmer participates, acts in a sportsman like manner. Violation will be reported to referee/starter and may result in DQ of swimmer from event and/or meet.
  - e. It is the duty of the Clerk of Course to ensure that a swimmer who has reported and sat in an orderly manner (i.e. a swimmer who has not taken off) get to the starting area on time. Failure to do so may not constitute DQ of the swimmer. Referee shall determine method of resolution, i.e. times are final if the swimmer is deemed not to be at fault.
6. SCORERS - There shall be a minimum of three scorers at each meet, two from the host team and one from the guest team. Detailed scoring job descriptions are described in the RMSL Computer Handbook.
- a. Scorers shall review heat cards and agree on the proper order of finish in each event.
  - b. It is the responsibility of the scorers to check for detailed and signed DQ's. In the case of an invalid card, the scorer must report the card to the starter/referee for reversal of the DQ.
  - c. Scorers shall record scores for individual events together with a running score for the meet.
  - d. Scorers shall record swimmer's names for both individual and relay events.

D. SCORING - dual meets shall be scored as follows:

<u>Place</u>	<u>Individual events</u>	<u>Relay events</u>
1st	5	8
2nd	3	4
3rd	1	2

1. All scoring procedures are documented in the current RMSL Computer Handbook (see attachment 6). The following guidelines are included as general information and are not intended to supersede instructions in the Computer Handbook.
2. All scoring will be performed using the procedures prescribed by the RMSL Computer Handbook.
3. Each team shall keep a copy of the meet file at the completion of each meet.
4. A third copy of the meet file shall be delivered to the league Webmaster by the host team.
5. During progress of the meet, home team shall announce score as provided for on the scoring sheet, (i.e. at the end of each group of events.) Premature announcement of scores may be considered unsportsmanlike conduct.

B. GENERAL REGULATIONS

1. All swimmers will be eligible to score points for their team. There will be a maximum of 130 heats per meet with agreement between the Home and Visiting Team two (2) days prior to the meet as to the number of heats to be run.
2. Each swimmer may compete in a maximum of three individual events and two relay events.
3. A swimmer may compete in one age group older than his/her own and return to his/her own age group provided:
  - a. He/she does not repeat the same event (i.e. 100 IM & 200 IM).
  - b. USA Rules will cover the items not specifically covered by the RMSL by-laws. Where there is a conflict between USA and RMSL, RMSL by-laws take precedence.

V. LEAGUE CHAMPIONSHIPS & QUALIFYING MEETS (“Prelims” & “Finals”)

A. SCHEDULING

1. Preliminary qualifying meets are scheduled on different days and separated into age groups as follows:
  - a. 13-18 Year olds

- b. 11-12 year olds
  - c. 9-10 year olds
  - d. 7-8 year olds, 6 & under
2. All swimming entries are due at the League prelim entries meeting (heating meeting) as scheduled by the Executive Committee.
- a. All requirements for prelim entries will be documented in the current RMSL Computer Handbook (see attachment 6). The following guidelines are included as general information and are not intended to supersede instructions in the Computer Handbook.
  - b. Each team must submit a full roster including all swimmers, their sex and birthdates along with their prelim entries.
  - c. All entries must be submitted by the prelim entries meeting. Following this meeting, entries will be distributed to all team parent representatives for review. At the discretion and guidance of the Executive committee, changes or corrections to original entries may be allowed during a predetermined timeframe announced at the regular RMSL meeting in June and again at the prelim entries meeting. After this predetermined timeframe has elapsed no changes will be permitted with the exception of scratches to remove an entry or moving valid alternates for relays into the position of primary swimmer who has scratched.
  - d. All entry times submitted for prelims must be based on actual RMSL meet results for the current RMSL season and must be converted to short-course meter equivalent.
  - e. Swimmers may compete in a maximum of 3 individual and 2 relay events at prelims.
  - f. Swimmer names and alternates for relays must be submitted with the prelim entries. Refer to current Computer Handbook for guidelines and limitations on alternates. Only swimmers who are named as swimmers or alternates for a given relay will be allowed to swim in an event. Final lineup for a relay must be marked on the card at finals.
  - g. Entry fees shall be determined by a majority vote of the membership no later than the June meeting.
  - h. Entry fees are due at the prelim entries meeting and must be paid with one check from each team.
  - i. All swimmers must swim in their own age group for prelims and championship meets.

## B. ELIGIBILITY

1. Parent reps from each team are responsible for ensuring all prelim requirements are satisfied by each swimmer. Exceptions or interpretation on these requirements may be applied at the discretion of the RMSL Executive Board. To participate in the preliminary and championship meets, each swimmer must have:
  - a. Attended ten practice sessions with his/her team.
  - b. Participated in two regular dual meets, not including prelims and championship meet.
  - c. Fulfilled League requirements to their respective team.

## C. SCORING

### Prelims and Championship in a Six Lane Pool

1. There will be no scoring at prelims. The top twelve will be chosen to compete in the championship meet. In the case of a tie for sixth or twelfth place, a swim-off must be held as soon as possible. Timers will not be used. Three place judges will call the race. Two of the three place judges will determine the winner. RMSL officers or parent reps may be asked to place judge.
2. There will be two alternates. If an individual or relay that qualifies is unable to swim, all other qualifiers move up.

3. Alternates will be determined at the time of finals seeding and reviewed again at the scratch meeting prior to the start of finals.
4. If there is a DQ, the swimmer or swimmers receive no points. Consolation heat swimmers are eligible for points and places 7th through 12th only.
5. Scoring for the championship meet is as follows:

<u>Place</u>	<u>Individual event</u>	<u>Relay event</u>
1st	16	32
2nd	13	26
3rd	12	24
4th	11	22
5th	10	20
6th	9	18
7th	7	14
8th	5	10
9th	4	8
10th	3	6
11th	2	4
12th	1	2

#### D. SCORING

##### Prelims and Championship in an Eight Lane Pool

1. There will be no scoring at prelims. The top **sixteen** will be chosen to compete in the championship meet. In the case of a tie for **eighth** or **sixteenth** place, a swim-off must be held as soon as possible. Timers will not be used. Three place judges will call the race. Two of the three place judges will determine the winner. RMSL officers or parent reps may be asked to place judge.
2. There will be two alternates. If an individual or relay that qualifies is unable to swim, all other qualifiers move up.
3. Alternates will be determined at the time of finals seeding and reviewed again at the scratch meeting prior to the start of finals.
4. If there is a DQ, the swimmer or swimmers receive no points. Consolation heat swimmers are eligible for points and places **9th** through **16th** only.
6. Scoring for the championship meet is as follows:

<u>Place</u>	<u>Individual event</u>	<u>Relay event</u>
1st	20	40
2nd	17	34
3rd	16	32
4th	15	30
5th	14	28
6th	13	26
7th	12	24
8th	11	22
9th	9	18
10th	7	14
11th	6	12
12th	5	10
13th	4	8
14th	3	6
15th	2	4
16th	1	2

#### E. TIMERS

Three timers will time each lane with the middle time being the official time.

## F. STROKE JUDGES

All stroke judges and starters must have a minimum of 2 years experience in the League to judge or start a prelim or final meet, unless otherwise approved by the Executive Committee.

## G. VENDOR PARTICIPATION AT QUALIFYING & CHAMPIONSHIP MEETS

1. The qualifying and championship meets (Prelims & Finals) are controlled by the RMSL, hosted by individual teams.
2. The host teams provide their own volunteers for concessions and are able to keep funds raised through food and drink concessions.
3. The host teams are to provide meet programs for the session they are hosting. The league will establish the price at which the programs will be sold, but the host teams may keep the profits from the program sales.
4. All other vendors at the qualifying and championship meets must be approved by the Executive Board prior to the start of the meets.
5. Compensation to the RMSL by the vendors will be determined prior to those vendors being invited to participate in the meet.

## VI. 8 & UNDER - SPECIAL CONSIDERATIONS

- A. Swimmers in this age group must perform strokes, starts, and turns in complete compliance with RMSL Rules (no special consideration for age in stroke judging).
- B. The following 3 events are the only 6 & under events: 25 free, 25 back, and 100 Free Relay.
- C. 6 & under swimmers who wish to do so are also eligible swimmers for events designated 8-under: 100 Medley Relay, 25 butterfly, 25 breaststroke, 50 freestyle and 100 Individual Medley.
- D. 6-unders are eligible to swim up one age group from all events listed above in dual meets. Other restrictions on swim ups still apply.

## VII. AWARDS

### A. Dual Meets Awards

1. First through third place finishers in individual events shall receive RMSL ribbons.
2. At the discretion of the each team, additional awards to their swimmers may be given.

### B. Championship Meet **in a Six Lane Pool**

1. Awards will be given to swimmers finishing 1st through 12th.
2. Swimmers DQ'd in the consolation heat will receive 12th place award. Swimmers DQ'd in the championship heat will receive 6th place award.
3. Trophies will be awarded to teams finishing first, second, and third in each division of the League based on points earned at the League Championship meet.
4. At the discretion of the Executive Committee, additional awards may be given.

### C. Championship Meet **in an Eight Lane Pool**

1. Awards will be given to swimmers finishing 1st through **16th**.
2. Swimmers DQ'd in the consolation heat will receive **16th** place award. Swimmers DQ'd in the championship heat will receive **8th** place award.
3. Trophies will be awarded to teams finishing first, second, and third in each division of the League based on points earned at the League Championship meet.
4. At the discretion of the Executive Committee, additional awards may be given.

## VIII. PROTEST PROCEDURES

- A. All protests will be politely directed by the team parent representative to the Referee. No one other than the parent rep – neither coaches, swimmers, parents nor any other parties - may lodge a protest.
- B. Stroke judge's decision is final providing that he or she: (1) was in the correct position on the deck, (2) witnessed the infraction; (3) raised his or her hand to notify the referee; and (4) has written "DQ" on the front of the deck card, initialed or signed the card, and described the rule violation on the back of the card.
- C. It is the intent of this League to work out differences between teams and coaches at the grass roots level. The filing of a protest is to be the last resort when both parties have seriously and diligently attempted to reconcile the conflict. The Executive Committee will not consider any protest unless such action has been taken by the interested parties.
- D. If the above mentioned steps have been undertaken and a conflict is still not resolved, a written protest is to be submitted to the League President, with copies to all other members of the Executive Committee no later than five days after the last effort to resolve the conflict.
- E. The Executive Committee will rule on the protest at a special meeting, or by telephone or email consultation if the Committee determines that method adequate for the situation being considered. A majority vote rules. (majority = half + one)

## IX. GENERAL REGULATIONS

- A. Personal conduct of team members, parents, and guests at all meets is the responsibility of the coaches and parent representatives.
- B. Meet officials are expected to be consistent and competent, and their decisions are final.
- C. Each team is required to have at least two stroke judges certified by the League.
- D. Coaching from outside the designated coaching areas by coaches, parents, timers, and other officials is prohibited. In 6 & Under competition this restriction is eliminated for coaches only.
- E. All meets shall be suspended if thunder and/or lightning is observed in the vicinity, and the pool deck shall be promptly cleared. The pool and deck shall not be used until the Referee determines that at least 30 minutes have elapsed since the last thunder and/or lightning is observed in the vicinity. Swimmers, coaches, spectators and officials should leave the pool and the surrounding area. Seek shelter inside the main building, or in a fully enclosed metal vehicle with the windows up.

**AVOID** waiting under tall trees, umbrellas, or near electric power lines.

**AVOID** use of showers or other contact with water.

**AVOID** use of the telephone.

**AVOID** contact with metal objects.

- F. Dual meets may be canceled or terminated if the outside temperature is below 55 degrees F.
- G. If less than 45 events have been completed and scored, the dual meet results shall not count in the division standings.
- H. Dual meets will not be rescheduled without the mutual consent of both teams.
- I. There must be mutual agreement between the primary parent rep from the home and visiting teams regarding commencement, suspension, cancellation and termination of dual meets due to weather or other safety issues. In the event no such agreement can be reached after reasonable consultation with the parent reps and coaches from each team and any member of the League Executive Committee who may be present, the meet will be postponed.
- J. All decisions regarding commencement, suspension, cancellation and termination of League Championship & Qualifying Meets ("Prelims"& "Finals") will be made by the RMSL Executive Board.

- K. If any qualifying or championship meet is canceled or suspended by the Referee, the meet shall be rescheduled at the discretion of the Executive Committee.

X. LEAGUE OFFICERS

- A. The Executive Committee consists of permanent residents who may have been parent representatives. The offices are President, Past-President, Vice-President (president-elect), Secretary, and Treasurer.
  - 1. The President, Vice-President, Secretary, and Treasurer are elected in September.
  - 2. The Executive Committee has fiscal and general administrative responsibility for the League.

XI. MEETINGS AND BY-LAW AMENDMENT PROCEDURE

- A. General meetings shall be held the second Tuesday, or at a time made by the President, of each month beginning in March but earlier if the Executive Committee deems necessary or as directed by the Executive Committee.
- B. Special meetings may be held as deemed necessary by the Executive Committee upon ten days notice, written or electronic notification, or by request of one or more member teams with ten days notice being given.
- C. All meetings will be conducted under Robert's Rules of Order.
- D. These By-Law's may be amended by a two-thirds vote of member teams in good standing.
- E. Proposed by-Law changes shall be submitted in writing to the Executive Committee after September 1 and before January 15, and shall be made available to all parent representatives and coaches thereafter. All proposals properly submitted shall be reviewed and discussed at a regular monthly meeting of RMSL and voted upon by the regular meeting in March.

The following attachments are listed for reference purposes only. Current versions of each will be distributed to all parent reps as they are updated. The current version of the documents below dictates the rules in effect rather than those attached to the bylaws. These documents also supersede any conflicting USA Swimming guidelines where there is a conflict.

Attachment 1 Colorado High School Rules and Regulations

Attachment 2 Pool membership listing

Attachment 3 RMSL Events List

Attachment 4 Policies and Procedures

Attachment 5 RMSL Technical Rules

Attachment 6 RMSL Computer Handbook

Attachment 7 Coaches handbook